HEALTH SCIENCES (HEAL)

HEAL 103 - NUTRITION
Short Title: NUTRITION
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Lower-Level
Description: Concepts underlying the science of nutrition: food composition, calories and needs for energy, special nutrients, and nutritional deficiencies.

HEAL 119 - INTRODUCTION TO HEALTH AND WELLNESS
Short Title: INTRO TO HEALTH & WELLNESS
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Enrollment limited to students with a class of Freshman. Graduate level students may not enroll.
Course Level: Undergraduate Lower-Level
Description: Designed to help students develop a greater understanding and appreciation of health and well being, as it relates to themselves and others around them, and for students to apply health and wellness knowledge in their personal life to improve their health.

HEAL 132 - MEDICAL TERMINOLOGY
Short Title: MEDICAL TERMINOLOGY
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Lower-Level
Description: This course introduces the student interested in medical and health professions to a large vocabulary of medical language which develops skills in understanding and remembering new words. It describes word origins, basic terms in anatomy and terms pertaining to each body system as well as pharmacology and medical equipment, and many frequently used medical terms, abbreviations and symbols.

HEAL 208 - CHEMICAL ALTERATIONS OF BEHAVIOR
Short Title: CHEM ALTERATIONS OF BEHAVIOR
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Lower-Level
Description: Examination of social, cultural psychological, physiological causes and effects of drug use and abuse. Individual, family, and community factors related to prevention and treatment will be addressed.

HEAL 212 - CONSUMER HEALTH AND THE MEDIA
Short Title: CONSUMER HEALTH AND THE MEDIA
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Lower-Level
Description: Study of factual information and guidelines that enable consumers to act intelligently in selecting health products and services, with emphasis on the economic aspects of health.

HEAL 222 - PRINCIPLES OF PUBLIC AND COMMUNITY HEALTH
Short Title: PRIN PUBLIC&COMMHEALTH
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Lower-Level
Description: Principles of Public & Community Health examines aspects of the community that relate to health including health issues within community subgroups; identification and analysis of community health programs; organizational patterns and functions of voluntary and governmental health agencies and coordination of community health programs.

HEAL 306 - HUMAN SEXUALITY
Short Title: HUMAN SEXUALITY
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Description: Designed to explore the physiological, psychological, and sociological parameters of human sexuality, while providing accurate information and helping students develop healthy attitudes toward sexuality. Cross-list: SWGS 306.

HEAL 313 - FOUNDATIONS OF HEALTH PROMOTION AND EDUCATION
Short Title: FOUNDATIONS HEALTH PROMO&EDUC
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Seminar
Credit Hours: 3
Restrictions: Enrollment is limited to students with a major in Kinesiology. Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Description: Foundations of Health Promotion/Health Education is designed to introduce students to the discipline of health education and the practice of health promotion. The course explores critical issues in the field of health promotion, accountability and professional preparation, professional ethics, credentialing and the changing technology in the field. Intended for Health Science majors only.
HEAL 380 - DISPARITIES IN HEALTH IN AMERICA
Short Title: DISPARITIES IN HEALTH AMER
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Description: This course explores the aspects of race and ethnicity that influence health, public health policy, and the management and practice of healthcare, as well as, the trends which drive ethnic demographic transition including an aging white population, declining white birth rate, immigration of non-whites, and the higher birth rate of minority groups. Graduate/Undergraduate Equivalency: HEAL 580. Mutually Exclusive: Credit cannot be earned for HEAL 380 and HEAL 580.

HEAL 380 - DISPARITIES IN HEALTH IN AMERICA
Short Title: DISPARITIES IN HEALTH IN AMERICA
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Description: Examination of cancer from a biological, psychological and sociological perspective with emphasis on cancer epidemiology, prevention, and early detection.

HEAL 380 - DISPARITIES IN HEALTH IN AMERICA
Short Title: DISPARITIES IN HEALTH IN AMERICA
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Description: HEAL 380 and HEAL 580. Mutually Exclusive: Credit cannot be earned for HEAL 380 and HEAL 580.

HEAL 379 - INTERNSHIP IN HEALTH SCIENCES
Short Title: INTERNSHIP IN HEALTH SCIENCES
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Seminar
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Description: This course presents an overview of issues concerning violence using a public health perspective. Information will be presented and discussed concerning several domains pertinent to violence, including family violence, intimate partner violence, community violence, and workplace harassment.

HEAL 360 - VIOLENCE IN AMERICA: A PUBLIC HEALTH PERSPECTIVE
Short Title: VIOLENCE IN AMERICA
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Seminar
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Description: This course explores the aspects of race and ethnicity that influence health, public health policy, and the management and practice of healthcare, as well as, the trends which drive ethnic demographic transition including an aging white population, declining white birth rate, immigration of non-whites, and the higher birth rate of minority groups. Graduate/Undergraduate Equivalency: HEAL 580. Mutually Exclusive: Credit cannot be earned for HEAL 380 and HEAL 580.

HEAL 379 - INTERNSHIP IN HEALTH SCIENCES
Short Title: INTERNSHIP IN HEALTH SCIENCES
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Seminar
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Description: Internship experience for upper-level health sciences majors only. Department Permission Required. Repeatable for Credit.

HEAL 495 - INDEPENDENT STUDIES IN HEALTH SCIENCES
Short Title: INDEPENDENT STUDIES
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Independent Study
Credit Hours: 1-3
Restrictions: Enrollment limited to students with a class of Junior or Senior. Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Description: Independent study or directed reading on an approved project under faculty supervision. Department Permission Required. Repeatable for Credit.

HEAL 407 - EPIDEMIOLOGY
Short Title: EPIDEMIOLOGY
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Description: Study of communicable, noncommunicable, and behavioral diseases with emphasis on the disease process and basic epidemiologic methods. Graduate/Undergraduate Equivalency: HEAL 507. Mutually Exclusive: Credit cannot be earned for HEAL 407 and HEAL 507.

HEAL 422 - THEORIES AND MODELS OF HEALTH BEHAVIOR
Short Title: THEORY&MODELS HLTH BEHAVIOR
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Seminar
Credit Hours: 3
Restrictions: Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Prerequisite(s): HEAL 222
Description: Theories & Models of Health Behavior is designed for the student interested in public and community health or health psychology. This course examines the current theories and models of health behavior and their application to the field of health promotion/health education. Graduate/Undergraduate Equivalency: HEAL 522. Mutually Exclusive: Credit cannot be earned for HEAL 422 and HEAL 522.

HEAL 460 - PLANNING AND EVALUATION OF HEALTH PROMOTION AND EDUCATION
Short Title: PLAN/EVAL: HEALTH PROGRAMS
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Lecture
Credit Hours: 3
Restrictions: Credit cannot be earned for HEAL 407 and HEAL 507.
Course Level: Undergraduate Upper-Level
Description: Credit cannot be earned for HEAL 407 and HEAL 507.

HEAL 495 - INDEPENDENT STUDIES IN HEALTH SCIENCES
Short Title: INDEPENDENT STUDIES
Department: Kinesiology
Grade Mode: Standard Letter
Course Type: Independent Study
Credit Hours: 1-3
Restrictions: Enrollment limited to students with a class of Junior or Senior. Graduate level students may not enroll.
Course Level: Undergraduate Upper-Level
Description: Independent study or directed reading on an approved project under faculty supervision. Department Permission Required. Repeatable for Credit.
HEAL 496 - INDEPENDENT STUDIES IN HEALTH SCIENCES  
**Short Title:** INDEPENDENT STUDY  
**Department:** Kinesiology  
**Grade Mode:** Standard Letter  
**Course Type:** Independent Study  
**Credit Hours:** 1-3  
**Restrictions:** Enrollment limited to students with a class of Junior or Senior. Graduate level students may not enroll.  
**Course Level:** Undergraduate Upper-Level  
**Description:** Independent study or directed reading on an approved project under faculty supervision. Instructor Permission Required. Repeatable for Credit.

HEAL 498 - SPECIAL TOPICS IN HEALTH SCIENCES  
**Short Title:** SPECIAL TOPICS  
**Department:** Kinesiology  
**Grade Mode:** Standard Letter  
**Course Type:** Seminar  
**Credit Hours:** 1-3  
**Restrictions:** Graduate level students may not enroll.  
**Course Level:** Undergraduate Upper-Level  
**Description:** Topics and credit hours vary each semester. Contact department for current semester’s topic(s). Spring 2018: Built Environment and Public Health. This course examines factors that characterize the built environment (BE) and how design of BE impact physical and social determinants of health. Issues of accessibility, public space planning and management are examined in the connection to community health outcomes. Repeatable for Credit.

HEAL 499 - TEACHING PRACTICUM IN HEALTH SCIENCES  
**Short Title:** TEACH PRACTICUM HEALTH SCIENCE  
**Department:** Kinesiology  
**Grade Mode:** Standard Letter  
**Course Type:** Internship/Practicum  
**Credit Hours:** 1-3  
**Restrictions:** Graduate level students may not enroll.  
**Course Level:** Undergraduate Upper-Level  
**Description:** Advanced teaching experience for upper level students who have demonstrated particular aptitude and interest in one area of kinesiology. Students will assist in conducting a course in which they have previously excelled. The student will learn techniques in course management, instruction, and evaluation. Department Permission Required. Recommended prerequisite(s): Junior or Senior standing, declared major in Health Sciences, and at least an "A-" in the course serving as the practicum. Repeatable for Credit.

HEAL 507 - EPIDEMIOLOGY  
**Short Title:** EPIDEMIOLOGY  
**Department:** Kinesiology  
**Grade Mode:** Standard Letter  
**Course Type:** Lecture  
**Credit Hours:** 3  
**Restrictions:** Enrollment is limited to Graduate level students.  
**Course Level:** Graduate  
**Description:** Study of communicable, noncommunicable, and behavioral diseases with emphasis on the disease process and basic epidemiologic methods. Graduate level students only. Instructor Permission Required. Graduate/Undergraduate Equivalency: HEAL 407. Mutually Exclusive: Credit cannot be earned for HEAL 507 and HEAL 407.

HEAL 522 - THEORIES AND MODELS OF HEALTH BEHAVIOR  
**Short Title:** THEORY&MODELS HLTH BEHAVIOR  
**Department:** Kinesiology  
**Grade Mode:** Standard Letter  
**Course Type:** Seminar  
**Credit Hours:** 3  
**Restrictions:** Enrollment is limited to Graduate level students.  
**Course Level:** Graduate  
**Description:** Theories & Models of Health Behavior is designed for the student interested in public and community health or health psychology. This course examines the current theories and models of health behavior and their application to the field of health promotion/health education. Graduate level students only. Instructor Permission Required. Graduate/Undergraduate Equivalency: HEAL 422. Mutually Exclusive: Credit cannot be earned for HEAL 522 and HEAL 422.

HEAL 550 - PLANNING AND EVALUATION OF HEALTH PROMOTION AND EDUCATION  
**Short Title:** PLAN/EVAL: HEALTH PROGRAMS  
**Department:** Kinesiology  
**Grade Mode:** Standard Letter  
**Course Type:** Lecture  
**Credit Hours:** 3  
**Restrictions:** Enrollment is limited to Graduate level students.  
**Course Level:** Graduate  
**Description:** Planning & Evaluation of Health Promotion provides the student with the technical skills for planning and evaluation of health promotion, health education, and disease prevention programs including collection and analysis of both qualitative and quantitative data. Graduate level students only. Instructor Permission Required. Graduate/Undergraduate Equivalency: HEAL 460. Mutually Exclusive: Credit cannot be earned for HEAL 550 and HEAL 460.

HEAL 580 - DISPARITIES IN HEALTH IN AMERICA  
**Short Title:** DISPARITIES IN HEALTH IN AMER  
**Department:** Kinesiology  
**Grade Mode:** Standard Letter  
**Course Type:** Lecture  
**Credit Hours:** 3  
**Restrictions:** Enrollment is limited to Graduate level students.  
**Course Level:** Graduate  
**Description:** This course explores the aspects of race and ethnicity that influence health, public health policy, and the management and practice of healthcare, as well as, the trends which drive ethnic demographic transition including an aging white population, declining white birth rate, immigration of non-whites, and the higher birth rate of minority groups. Graduate level students only. Instructor Permission Required. Graduate/Undergraduate Equivalency: HEAL 380. Mutually Exclusive: Credit cannot be earned for HEAL 580 and HEAL 380.