BEHAVIORAL MEDICINE AND HEALTH RESILIENCE

Contact Information

Behavioral Medicine and Health Resilience
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Behavioral Medicine and Health Resilience is an interdisciplinary field that examines how stress, emotion, behavior, close relationships, and social and structural contexts influence health, disease, and adaptation across the life course. It integrates perspectives from psychological science, neuroscience, sociology, anthropology, economics, and related social sciences to understand mechanisms linking experience and context to biobehavioral regulation, health disparities, and resilience.

As a program, Behavioral Medicine and Health Resilience is housed in the School of Social Sciences and overseen by the Department of Psychological Sciences (https://ga.rice.edu/programs-study/departments-programs/social-sciences/psychological-sciences/), with support from the Institute of Health Resilience and Innovation (https://psychology.rice.edu/institute-health-resilience-and-innovation/). Courses are drawn primarily from Psychological Sciences, Sociology, Anthropology, and Economics, and students complete a supervised, health-related research experience in laboratory, clinical, organizational, or community settings. At the undergraduate level, the program offers a Minor in Behavioral Medicine and Health Resilience (https://ga.rice.edu/programs-study/departments-programs/social-sciences/behavioral-medicine-health-resilience/behavioral-medicine-health-resilience-minor/).

Minor

- Minor in Behavioral Medicine and Health Resilience (https://ga.rice.edu/programs-study/departments-programs/social-sciences/behavioral-medicine-health-resilience/behavioral-medicine-health-resilience-minor/)

Behavioral Medicine and Health Resilience does not currently offer an academic program at the graduate level.

Program Director

Christopher P. Fagundes, *Psychological Sciences*

Steering Committee

Rebecca Brossoit, *Psychological Sciences*
Tony N. Brown, *Sociology*
Bryan T. Denny, *Psychological Sciences*
Christopher P. Fagundes, *Psychological Sciences*
Sandra V. Parsons, *Psychological Sciences*
Erin Standen, *Psychological Sciences*

For Rice University degree-granting programs:
To view the list of official course offerings, please see Rice's Course Catalog (https://courses.rice.edu/admweb/!SWKSCAT.cat?p_action=cata).
To view the most recent semester's course schedule, please see Rice's Course Schedule (https://courses.rice.edu/admweb/!SWKSCAT.cat).

Description and Code Legend

Note: *Internally, the university uses the following descriptions, codes, and abbreviations for this academic program. The following is a quick reference:*

Course Catalog/Schedule

- Course offerings/subject codes: Courses from various subjects may apply towards this program

Home School Description and Code

- Social Sciences: SS

Home Department (or Program) Description and Code

- Psychological Sciences: PSYS

Undergraduate Minor Description and Code

- Minor in Behavioral Medicine and Health Resilience: BMHR

CIP Code and Description[1]

- **BMHR** Minor: CIP Code/Title: *42.2810 - Health/Medical Psychology*

[1] Classification of Instructional Programs (CIP) 2020 Codes and Descriptions from the National Center for Education Statistics: https://nces.ed.gov/ipeds/cipcode/.